Depression Understood: Review

Use Kognity as well as the interweb to aide you in preparation for:

Depression Debate!!!

* We are going to number off 1,2,3…so that we’re in 3 equal groups.
* Now that we’re in three groups:
  + Group #1 will be the **Biological Group**
  + Group #2 will be the **Cognitive Group**
  + Group #3 will be the **Social/cultural Group**

**TASK:** You are to meet with your group and **conduct research** for ***45 minutes*** formulating arguments to support the assertion that your level of Analysis is the sole CAUSE of depression. If course we know it’s all three combined, but that’s what makes this interesting!!!

*YOU NEED TO cite studies, and formulate arguments. That’s what you have 45 minutes for! Be prepared to critique the studies that they’re going to throw in your face! Win the debate!*

**The Debate:** The remaining minutes of class will be spent having a debate regarding which level of analysis is the cause of depression! You need to refute other people’s studies and statements, as well as provide evidence supporting your own assertion that “depression is caused by \_\_\_\_\_\_”